



GOD'S PLAN FOR YOUR
Wellbeing

CCCWL - Week 2
Sunday 13th June 2021

A Wellbeing Mindset.

It may take a lifetime, but we need to position ourselves to be in a place where we are constantly changing and growing before God.

1. Know who you really are.

Colossians 3:12 (NIV)

"Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience."

2. Know where you're at.

1 John 4:18 (NIV)

"There is no fear in love, but perfect love drives out fear, because fear involves punishment, and the one who fears is not perfected in love."

James 5:17 (NIV)

"Elijah was a man with a nature like ours, and he prayed earnestly that it would not rain, and it did not rain on the earth for three years and six months. Then he prayed again, and the sky poured rain and the earth produced its fruit."

3. Know you can really change.

1 Kings 19:5 (NIV)

"Then he lay down under the bush and fell asleep. All at once an angel touched him and said, 'Get up and eat.' He looked around, and there by his head was some bread baked over hot coals, and a jar of water. He ate and drank and then lay down again."

John 8:32 (NIV)

"Then you will know the truth, and the truth will set you free."

We become free, when we know who we are, where we are at, and knowing that change is possible in the hands of a loving God.

My Notes

CCCWL website - www.cccwl.co.uk
(Please visit the Knowing Jesus Page)

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